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**DISTRIBUTION OF POLYCYCLIC AROMATIC HYDROCARBONS IN THE FOOD
WEB OF A HIGH MOUNTAIN LAKE (PYRENEES)**

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45 evaluation for publication in any other journal.

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46 **Abstract**

47 The contents of polycyclic aromatic hydrocarbons (PAHs) in the food web organisms
48 included in the diet of brown trout from a remote mountain lake have been investigated. The
49 preferential habitat and trophic level of the component species has been assessed from the
50 signature of stable isotopes ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$). Subsequently, the patterns of accumulation and
51 transformation of these hydrocarbons in the food chain have been elucidated. Most of the food
52 web organisms exhibit PAH distributions largely dominated by phenanthrene, which agrees
53 with its predominance in atmospheric deposition, water and suspended particles. Total PAH
54 levels are higher in the organisms from the littoral habitat than from the deep sediments or the
55 pelagic water column. However, organisms from deep sediments exhibit higher proportions of
56 higher molecular weight PAH than those in other lake areas. Distinct organisms exhibit
57 specific features in their relative PAH composition that points to different capacities for
58 uptake and metabolic degradation. Brown trout shows an elevated capacity for metabolic
59 degradation since they have lower PAH concentrations than food and they are strongly
60 enriched in lower molecular weight compounds. The PAH levels in trout highly depend on
61 organisms living in the littoral areas. Fish exposure to PAH may therefore vary from lake to
62 lake according to the relative contribution of littoral organisms to their diet.

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64 **Keywords:** Polycyclic Aromatic Hydrocarbons, Food-web, Trout, Phenanthrene, Invertebrates

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INTRODUCTION

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The overall environmental concentrations of polycyclic aromatic hydrocarbons (PAHs) have increased extensively in the 20th century as consequence of the general enhancement of combustion processes [1, 2]. These compounds are released directly to the atmosphere, both in the form of gas and in association to particles, where they are transported over long distances and become global contaminants [3]. In this respect, recent studies on sediments, water and air have demonstrated that these compounds are significant pollutants in remote areas such as high mountain lake ecosystems [1, 4-6].

These hydrocarbons and their metabolites have been widely studied because of their carcinogenic and mutagenic properties [7-10]. Thus, some PAH are included in the EU and US lists of priority pollutants [11]. In fish, toxico-hepatic lesions have been related to PAH exposure [12].

One important aspect that needs to be assessed is whether the overall increase of long-range transported of PAH may have an effect on remote ecosystems or in some of their organisms. In this respect, little information is available on the mechanisms of incorporation of these compounds from atmosphere to food web and to high predators such as fish. Whereas fish possess mixed-function oxygenase systems that rapidly metabolize PAH [12-14], these enzymes are poorly developed in some invertebrates that have a lower rate of metabolic degradation [15, 16]. As a consequence, PAHs can be found in benthic and water column organisms even in areas of low pollution [17, 18]. Invertebrates are the main components of the intermediate trophic levels of aquatic food webs [19] and thus their accumulated PAHs are transferred to higher trophic levels, such as fish [13]. Thus, low PAH concentrations in fish do not necessarily imply that they are not receiving significant pollutant fluxes and that they are free of stress. More research is needed to understand to what extent the low degradation

90 capacity of invertebrates is general and whether PAH mixtures could undergo some degree of
91 transformation. Integrated studies on the PAH pathways throughout the trophic webs up to
92 fish are also required to improve our estimates of fish exposure to those pollutants.

93 High altitude mountain lakes offer unique environments for the assessment of the
94 transfer mechanisms of atmospherically transported organic pollutants into biota. These lakes
95 do not contain organic contaminant sources in their watersheds. The pollutants found in the
96 organisms originate from atmospheric inputs and are distributed through the complexities of
97 the food web structure and its dynamics. In addition, food webs tend to be simpler than in low
98 land lakes which facilitates sampling and description of the relationships between organisms.

99 In the present study Lake Redon (Pyrenees) is chosen as model case for these
100 ecosystems. The portion of the food web part related to the diet of the unique top predator in
101 the lake, brown trout (*Salmo trutta*), has been investigated. The study of PAH body contents
102 illustrates how these compounds distribute among the different types of organisms according
103 to their feeding modes and habitats.

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MATERIALS AND METHODS

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108 *Study area.*

109 Lake Redon (formerly Redó) (42° 38' N, 0° 46' E) is a high mountain lake located in
110 the central Pyrenees (Catalonia, Spain). This lake is situated at 2240 m above sea level, above
111 the regional tree line and far from local pollution sources. It has a surface area of 24 ha, a
112 maximum depth of 73 m and a volume of 7.7 hm³. Water residence time is ca. 4 yr [19] and
113 there is only one outflow. The ice-free period is from June to December [19]. The relative
114 small watershed (155 ha) is scarcely vegetated; alpine meadows alternate with large areas of

115 bare granodioritic rock. Lake water composition is very low in phosphorus (total P ca. 0.1
116 $\mu\text{mol/L}$) and acid neutralizing capacity (ca. 40 $\mu\text{eq/L}$) [19].

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118 *Sample Collection and Handling.*

119 Fish sampling followed standard test fishing procedures with multifilament gillnets.

120 All fish were measured and dissected and their sex was determined on site. Liver was

121 wrapped in a pre-cleaned aluminium foil and kept frozen (-20°C) until analysis. Fifteen liver

122 samples were analyzed. The length and weight of the collected specimens were respectively

123 286 ± 26 mm and 230 ± 58 g (mean \pm standard deviation). Average condition factor and age

124 of the trouts analyzed were 0.97 ± 0.09 $\text{g}\cdot\text{cm}^{-3}$ and 11 ± 4 year old, respectively. There were

125 not significant differences between the analyzed males and females (6 and 7, respectively) on

126 those two factors (Analysis of variance, ANOVA, $p < 0.05$).

127 Distinct sampling methods were used for collecting organisms in the three main lake

128 habitats. Kick sampling was chosen for littoral organisms, Ekman drags for deep sediment

129 species and plankton nets for pelagic zooplankton. Samples were kept cold during transport

130 and were later identified and separated in the lab into distinct taxa for stable isotope and PAH

131 analysis. For PAH analyses a minimum wet weight of 0.5 g was obtained pooling individuals

132 of a common taxa. Replicates were analyzed when enough material was available. We tried to

133 include as many organisms as possible from the estimated brown trout diet (**Table 1**) in the

134 lake. The components finally analyzed were belonging to the littoral habitat, e.g., plecoptera

135 (*Arcynopteryx compacta*, *Siphonoperla torrentium*), megaloptera (*Sialis lutaria*), coleoptera

136 (*Platambus maculatus*), gastropoda (*Radix ovata*) and cyanobacteria (*Nostoc*), to the deep

137 sediment habitat, e.g., diptera (chironomidae), crustacea (*Eurycercus lamellatus*) and bivalvia

138 (*Pisidium*), and to the pelagic habitat, e.g., crustacea (*Daphnia pulex*).

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140 *PAH analysis.*

141 Fish liver was extracted and analyzed for PAHs as described elsewhere [20]. Briefly,
142 liver was ground with activated sodium sulfate spiked with perdeuterated anthracene, pyrene
143 and benzo[ghi]perylene, and introduced in pre-cleaned cellulose cartridges. The tissue was
144 Soxhlet extracted (n-hexane:dichloromethane, 4:1, v/v) for 20 hours and purified through an
145 aluminium oxide chromatographic column. Elution with hexane:dichloromethane (1:2; v/v; 30
146 mL) contained all the studied PAHs. Further on, extracts were concentrated to 2 mL by
147 vacuum rotary evaporation (20 °C, 20 Torr), then to near dryness under gentle nitrogen flow
148 and redissolved to 50 µl with iso-octane.

149 Average water content in brown trout tissue (74.2 ± 1.8 %, n=8) was calculated by
150 drying in a vacuum sealed-dissecator at 20°C to constant weight. This value was used to
151 convert fish wet weight based PAH concentrations in fish to dry weight values for subsequent
152 comparison with invertebrate and algal levels.

153 These hydrocarbons were analyzed in invertebrates and algae following a method that
154 was slightly modified from the one described above [21]. Briefly, all samples were dried in a
155 vacuum sealed-dissecator at 20°C to constant weight to determine dry weight. Tissues were
156 Soxhlet extracted with n-hexane-dichloromethane (4:1, v/v) for 20 hours. Then, perdeuterated
157 PAHs were added and clean up was continued as described above.

158 Before chromatographic analysis, an internal standard of perdeuterated perylene was
159 added to all sample vials as reference to improve injection precision. Samples were analyzed
160 by gas chromatography coupled to mass spectrometry (GC-MS, Trace, Thermo, Bremen,
161 Germany). This instrument was equipped with a 50 m x 0.25 mm i.d. HP-5MS capillary
162 column coated with 5% phenyl 95% methylpolysiloxane (film thickness 0.25 µm). Samples
163 were injected in splitless mode. The oven temperature program started at 90°C (held for 1
164 min) to 120°C at $10^{\circ}\text{C}\cdot\text{min}^{-1}$, and then to 310°C at $4^{\circ}\text{C}\cdot\text{min}^{-1}$ (holding time 15 min). Injector,
165 transfer line and ion source temperatures were 280°C, 280°C and 200°C, respectively.

166 Stringent precautions were kept for maintenance of the injector under clean conditions
167 avoiding adsorptions that could deviate the system from linearity and increase the limits of
168 detection and quantification. Helium ($1.1 \text{ mL}\cdot\text{min}^{-1}$) was used as carrier gas. Data acquisition
169 was in electron impact (70 eV) and selected ion monitoring (40 ms dwell time). The ion mass
170 program is reported elsewhere [4, 22].

171 All major PAHs were analyzed, including fluorene, phenanthrene, anthracene,
172 fluoranthene, pyrene, benz[*a*]anthracene, chrysene+triphenylene, benzo[*b*]fluoranthene,
173 benzo[*k*]fluoranthene, benzo[*a*]pyrene, dibenz[*ah*]anthracene, indeno[*1,2,3-cd*]pyrene and
174 benzo[*ghi*]perylene. Many of them are described as mutagenic, carcinogenic and teratogenic
175 by the International Agency for Research on Cancer [23]. Evidence of oxidation stress in fish
176 from high mountain lakes upon exposure to these compounds has been reported [24].

177 Procedural blanks were analyzed for every set of six samples. The recoveries of the
178 surrogate standards were calculated for each sample. Average values were 77%, 80% and
179 120% for perdeuterated anthracene, pyrene and benzo[*ghi*]perylene, respectively.

180 Identification and quantification of all studied compounds were performed by an external
181 standard method. Relative response to perylene- d_{10} was calculated and this value was also
182 corrected by the recovery of the surrogate standards.

183 Residue analysis n-hexane, dichloromethane, iso-octane, methanol, acetone, and
184 analysis grade anhydrous sodium sulfate were from Merck (Darmstadt, Germany).
185 Aluminium foil was rinsed with acetone and let dry at ambient temperature prior to use.
186 Neutral aluminium oxide type 507C was from Fluka AG (Buchs, Switzerland). Cellulose
187 extraction cartridges (20 mm i.d. x 80 mm long) were from Whatman (Maidstone, England).
188 PAHs mix9 and perdeuterated PAHs were purchased from Dr. Ehrenstorfer (Augsburg,
189 Germany).

190 Aluminium oxide, sodium sulfate and the cellulose cartridges were pre-cleaned by
191 Soxhlet extraction with dichloromethane:methanol (2:1, v/v) for 24 h before use. Sodium
192 sulfate and aluminium oxide were activated overnight at 400°C and 120°C, respectively.

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194 *Stable Isotope Analysis*

195 Samples for stable isotope analysis were previously dried during 24 h at 60 °C. In
196 order to assure complete combustion, a small amount of vanadium pentoxide was added
197 before packaging the dried samples in tin capsules. Samples were analyzed in a Delta C
198 Finnigan MAT mass spectrometer (Bremen, Germany) coupled online with a Carlo Erba
199 CHNS (Milan, Italy) elemental analyzer, via a Finnigan conflo 2 interface. Specific standards
200 provided by the International Agency of Atomic Energy (IAEA) were used for calibrating the
201 isotopic signal. Sucrose (IAEA CH6), polyethylene (IAEA CH7) and graphite (IAEA-USGS
202 24) were used for carbon, and ammonium sulfate (IAEA-USGS 25, IAEA-N1 and IAEA-N2)
203 and potassium nitrate (IAEA-NO3) were used for nitrogen [25]. A complete batch of
204 standards was run at the beginning and at the end of each analytical session, and IAEA CH6
205 and CH7, and IAEA-N1 and IAEA-NO3 were run every twelve samples for linearity control.
206 Special care was taken in weighting the samples and the standards in order that both had
207 similar amplitudes. Results are reported using atmospheric nitrogen and PeeDee belemnite
208 (PDB) carbonate as references. Reproducibility was better than 0.1 ‰ and 0.3 ‰ for $\delta^{13}\text{C}$ and
209 $\delta^{15}\text{N}$, respectively.

210

211 *Lipid Content Determination*

212 Lipid content in fish liver was determined gravimetrically. For the rest of organisms
213 we used a different approach because of the low amount of dry mass available. The lipid
214 content was estimated from measured elemental carbon and nitrogen assuming that the main

215 body constituents were lipids, proteins, ashes and chitin [20, 26, 27]. Lipid percentage was
216 calculated by difference, after estimating proteins from nitrogen content and multiplying by
217 6.25 [26], and using literature values for ash [20, 27] and chitin [28] content. This method was
218 not applicable to *Nostoc*. Cyanobacteria use carbohydrates as energy reserve, their lipid
219 content is low and rather constant because it corresponds exclusively to structural compounds.
220 Therefore, a literature value is used for this organism [29].

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RESULTS AND DISCUSSION

224 *Food web structure*

225 The $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ isotopic composition of the samples collected in Estany Redon is
226 shown in **Figure 1**. The lowest level of consumers shows a broad differentiation on the $\delta^{13}\text{C}$
227 signature, responding to the $\delta^{13}\text{C}$ of the food. Values ranged between -29.8‰ and -13.4‰,
228 the end-members corresponding to small pelagic cladocerans (*D. pulicaria*) and littoral
229 invertebrates (*R. ovata*, *P. maculatus*), respectively. The organisms living in the deep
230 sediment habitat showed intermediate $\delta^{13}\text{C}$ values between -26‰ and -18‰. This range of
231 values is common when littoral and, particularly, herbivores scraping on benthic algae are
232 included in the food web studies [25, 31]. Phytoplankton tend to present an elevated isotopic
233 discrimination respect to the signature of the available water CO_2 , generally showing $\delta^{13}\text{C}$
234 values between -30 to -20‰ [30] but epilithic benthic algae have a lower discrimination, with
235 values in the range of -20‰ to -8‰ [30] because of the boundary layer effect on diffusive
236 processes around benthic algae [32]. Sediment matter has intermediate $\delta^{13}\text{C}$ values between
237 pelagic and littoral organisms. The characteristic carbon signature in the primary consumers
238 of the three different habitats is progressively lost at higher trophic levels (Fig. 1), as predators
239 use food sources from different habitats. Since snails (*Radix*) present $\delta^{13}\text{C}$ values of ca. -13‰

240 we should expect values for epilithic algae (mainly diatoms) of about -12‰ and, in fact, these
241 are the values found in lake Redon in other studies [33].

242 The lower isotopic values of *Nostoc*, a colony forming cyanobacteria living
243 epilithically, can be interpreted according to two main processes. First, isotopic discrimination
244 is lower in cyanobacterial rubisco than in eukaryotic enzymes. Second, cyanobacteria possess
245 a CO₂ concentrating mechanism that includes active HCO₃⁻ uptake. The bicarbonate
246 contribution to the cyanobacterial δ¹³C signature is higher as lower is the concentration of
247 CO₂ in water [34]. Accordingly, in soft and oligotrophic waters, such are those of lake Redon,
248 low growth rates and scarce free CO₂ result in higher δ¹³C values [35].

249 The observed δ¹⁵N values ranged between -4.6‰ (*Nostoc* sp.) and 3.6 ‰ (*S. trutta*).
250 Negative δ¹⁵N values for primary producers, which shift the remaining food web values
251 downwards, are found in natural environments or experimental conditions in which nitrogen is
252 in excess with respect to other nutrients required by the algae [36]. This situation is relatively
253 rare in marine systems and terrestrial vegetation but it is common in the present alpine
254 freshwater systems because of the elevated atmospheric deposition of nitrogen pollution [37].
255 In addition the deposited compounds may have an isotopic signature that is negatively shifted
256 from molecular nitrogen in air [38]. In lake Redon, nitrogen available for algae (NO₃⁻, NH₄⁺)
257 is several orders of magnitude higher than phosphorus [19]. Nitrogen discrimination during
258 algal uptake is therefore expected to be high. Similar or even lower δ¹⁵N values have been
259 found in food webs of alpine streams [39].

260 Assuming an enrichment factor of 3.5‰ δ¹⁵N per trophic level change [40], the total
261 δ¹⁵N span of Lake Redon involves a short food chain from primary producers to top predators
262 (a mean of 2.2 trophic transferences). Brown trout located at the higher position of the food
263 web do not contain piscivorous specimens. *S. torrentium* and *S. lutaria* belongs to an
264 intermediate level of predators between fish and herbivorous or detritivorous organisms.

265

266 *Polycyclic aromatic hydrocarbons in the food web*

267 The distributions of PAH in the food web organisms are dominated by phenanthrene
268 (ranging between 22-70 % of the total analyzed PAHs), followed by fluorene, fluoranthene
269 and pyrene (Fig. 2). Anthracene is present in small proportions (between 1-5 % of the total
270 analyzed PAH). The sum of the thirteen PAH considered for study range between 18 (*D.*
271 *pulicaria*) and 900 ng g⁻¹ dw (*S. torrentium*), a 50-fold difference (**Table 2**). No clear
272 qualitative differences are observed between distinct trophic levels.

273 Examination of the accumulated amounts exhibits a correspondence with the living
274 habitat of the organisms (**Fig. 3**). The lowest total value is observed in *D. pulicaria*, the
275 pelagic species, and the highest values are found in the littoral insect larvae such as *P.*
276 *maculatus*, *S. lutaria*, *A. compacta* and *S. torrentium*. In the littoral habitat *Nostoc* and *Radix*
277 are the only organisms deviating from these high values. However, they have very low lipid
278 content. After normalization by lipids both organisms appear among those with highest PAH
279 levels (Table 2). The deep sediment organisms, e.g., *E. lamellatus*, *Pisidium* and
280 Chironomidae, exhibit intermediate values between littoral and pelagic species.

281 The higher concentrations in the organisms living in the littoral habitat are in
282 agreement with previous studies in the same lake showing more efficient PAH transfer to
283 underlying sediments at shallower water column. Thus, sediments situated at 72 and 30 m had
284 PAH concentrations of 630 and 2200 ng/g, respectively [41]. These differences suggest that
285 PAH undergo significant degradation upon transport through the water column.

286 The PAH distributions found in the organisms are predominated by low molecular
287 weight (LMW) compounds, between fluorene and pyrene (Table 2, Fig. 3). Higher relative
288 proportion of high molecular weight (HMW) PAHs are found in the organisms of the deep
289 sediment which constitutes a differential feature from pelagic and littoral species (Fig. 2).

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Polycyclic aromatic hydrocarbons in the water column and D. pulicaria

Previous studies in Estany Redon have shown that phenanthrene is the dominant PAH in high mountain lake waters, both in the dissolved and the particulate fractions (Fig. 2; [6]). This is also the case in *D. pulicaria*. However, there are a number of compounds that are found in higher proportion in both water phases than in *D. pulicaria*, e.g., fluoranthene, pyrene, chrysene, benzofluoranthenes, indeno[1,2,3-*cd*]pyrene and benzo[ghi]perylene, indicating an apparent selective bioaccumulation of phenanthrene in *Daphnia*. Comparison of the PAH concentrations found in water (dissolved phase) [6] and in *D. pulicaria* (lipid normalized) with the expected octanol-water partitioning (K_{ow}) [42] show that phenanthrene and anthracene are higher in the cladoceran than theoretically expected (Fig. 4), which suggest a biomagnification process through particle ingestion. The lack of biomagnification for the other PAH may be due either to selective metabolic degradation, which seems unlikely, or to selective intake during food digestion.

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Polycyclic aromatic hydrocarbons in sediments and benthic organisms

The sedimentary PAH composition is dominated by fluoranthene, chrysene, benzofluoranthenes, indeno[1,2,3-*cd*]pyrene and benzo[ghi]perylene and differs significantly from the PAH distributions in the benthic organisms, either those from the littoral zone or in the deep areas. As shown in Figure 2, HMW PAH constitute about 67% of the total sedimentary mixtures of these hydrocarbons whereas the organisms exhibit a higher LMW content with a high predominance of phenanthrene. This later hydrocarbon is the dominant PAH in atmospheric deposition [43], water, suspended particles and most of the organisms. Therefore its decrease in the sedimentary distributions should reflect a preferential degradation with respect to other PAHs.

315 *E. lamellatus* is the organism exhibiting the highest proportion of HMW PAH and
316 therefore the one with a PAH composition more similar to the one in the sediments (Fig. 2).
317 This cladoceran has a small size that allows it swimming between the sediment debris and
318 eating organic detritus and their associated bacterial flora. The other benthic organisms,
319 including those living partially buried in the sediments such as *Pisidium* and some
320 chironomidae larvae, exhibit a substantial lower amount of HMW PAH than *E. lamellatus*.

321 In the case of chironomidae, the larvae exhibit the high predominance of phenanthrene
322 that is common to most organisms. However, the pupae are dominated by fluoranthene (Fig.
323 2). This change in composition occurs during major metabolic changes in the organism
324 because the pupal stage does not involve any feeding. Comparison of the PAH concentrations
325 between larval and pupal stages shows a general PAH decrease in the latter (Table 2). The
326 decrease in fluoranthene is smaller than for the other PAHs, which suggest a lower metabolic
327 degradation rate for this compound in invertebrates. Accordingly, a higher concentration of
328 fluoranthene could be expected as longer is the life time of an invertebrate. This is generally
329 the case of the insects included in the present study (Fig. 2) whose insect larvae are larger and
330 tend to have longer life cycles (*Sialis*, *Platambus*, plecoptera).

331

332 *Polycyclic aromatic hydrocarbons in brown trout*

333 Among the distinct fish organs PAH are found in liver and in much lower
334 concentrations in other tissues [8, 44, 45]. This uneven distribution constitutes a major
335 difficulty for food web studies. However, in a first approach, the concentrations in liver can be
336 considered for comparison. The clear predominance of phenanthrene in the trout livers
337 examined in the present study (Fig. 2) is consistent with the PAH profiles found in fish livers
338 of other freshwater [46] and marine systems [22, 47, 48].

339 For most hydrocarbons, between phenanthrene and benzo[*a*]pyrene, comparison of the
340 PAH concentrations in liver of *S. trutta* and water with K_{ow} shows higher ratios than the
341 expected octanol-water partitioning (Fig. 4), suggesting that food and not diffusive exchange
342 through the gills is the likely source of PAH into fish liver. The lower abundance of
343 indeno[1,2,3-*cd*]pyrene, benzo[*ghi*]perylene and dibenzo[*ah*]anthracene may reflect either
344 their higher degree of metabolism degradation or lower fish bioavailability due to their larger
345 size [16].

346 Comparison between lipid normalized PAHs in the main components of the fish-diet
347 [22] with the PAH content in fish liver (Fig. 5) shows that most of the food organisms
348 accumulate significantly lower concentrations of LMW PAH than *S. trutta*. In contrast,
349 chironomid larvae and *E. lamellatus* accumulate higher concentrations of the HMW PAH than
350 trout. *D. pulicaria* is the only main food trout component whose concentrations do not exceed
351 in any case the amounts found in trout liver.

352 Calculation of the ratios between lipid normalized PAH concentrations in fish liver
353 and food (Table 1) provides an estimation of the proportion of the PAH intake that is
354 effectively retained in fish (Fig. 5). The PAH values for the pooled fish diet are higher than in
355 fish liver. Having in mind that liver exhibits substantially larger concentrations than the other
356 fish organs, the differences observed indicate that there is a metabolic transformation of PAH
357 in fish which eliminate a substantial part of the ingested hydrocarbons. The selective
358 enrichment of LMW PAH in fish liver when compared to the composition in food intake gives
359 further ground to this observation.

360 Chironomidae and *D. pulicaria* constitute about 65% of the fish food (Table 1) [33].
361 The concentrations in these two organisms are lower than in trout liver. Therefore the
362 secondary fish diet components, the organisms from the littoral zones, seem to be very
363 important to explain the PAH levels found in the livers of fish examined in the present study.

364 This particular habitat may play a key role in the transfer of air transported PAH into high
365 organisms in mountain lakes. Lake Redon is large and deep in comparison to average high
366 mountain lakes. Thus, in this lacustrine ecosystem the difference between central and lateral
367 environments is more significant. The relevance of the organism living in littoral zones for the
368 incorporation of PAH into fish is therefore more apparent. In shallower high mountain lakes
369 that difference may not be so remarkable due to the lower extend of PAH degradation during
370 settling through short water columns.

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CONCLUSIONS

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375 Most of the food web organisms exhibit PAH distributions largely dominated by
376 phenanthrene, which contrasts with the PAH composition in sediments, but agrees with its
377 predominance in deposition, water and suspended particles in the water column. PAHs
378 content increase from pelagic to littoral organisms, with intermediate values in organisms
379 inhabiting deep sediments.

380 In addition to this main pattern, some specific features are related to the distinct
381 organisms or living stages. In the pelagic habitat, *D. pulicaria* shows a relative decrease in
382 HMW compounds with respect to the suspended particles, largely phytoplankton, that
383 constitute its food. *E. lamellatus* shows a PAH distribution that is close to that in sediment
384 whereas other organisms such as *Pisidium* or chironomidae larvae that also live in close
385 contact with the sediment exhibit much higher differences. A significant change in PAH
386 composition is observed between chironomidae larvae and pupae, indicating that
387 metamorphism during the latter stage also involves high metabolic PAH degradation in which
388 fluoranthene is the less affected hydrocarbon. In the littoral habitat, the organisms living

389 longer also show a higher proportion of fluoranthene. Bioavailability and degradation
390 capacities seem to vary significantly among organisms with different living ways and life
391 cycles.

392 In fish, the selective enrichment of LMW PAH and the lower lipid normalized PAH
393 concentrations in liver relative to food intake evidences a significant metabolic transformation
394 of these hydrocarbons. Although average fish food shows higher PAH concentration than fish
395 liver, the two main diet components, chironomidae and *Daphnia*, have lower content.
396 Therefore, the secondary diet components, mainly the organisms from the littoral zone, play a
397 critical role for PAH supply into fish in those mountain lakes. These secondary fish diet
398 components may accumulate higher PAH levels in shallower lakes than the one studied
399 therefore involving higher fish exposure to PAHs.

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401

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539

540 **FIGURE CAPTIONS**

541

542 **FIGURE 1.** $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ composition of the organism analyzed for polycyclic aromatic
 543 hydrocarbons in this study (Lake Redon, Pyrenees).

544 **FIGURE 2.** Relative composition of polycyclic aromatic hydrocarbons (%) in the main food
 545 web components of Lake Redon (Pyrenees). 1, fluorene; 2, phenanthrene; 3, anthracene; 4,
 546 fluoranthene; 5, pyrene; 6, benz[*a*]anthracene; 7, chrysene+triphenylene; 8,
 547 benzo[*b*]fluoranthene; 9, benzo[*k*]fluoranthene; 10, benzo[*a*]pyrene; 11, indeno[*1,2,3-*
 548 *cd*]pyrene; 12, benzo[*ghi*]perylene; 13, dibenzo[*ah*]anthracene.

549 **FIGURE 3.** Principal component analysis of the content of polycyclic aromatic hydrocarbons
 550 (PAH) of the food web organisms from Lake Redon (Pyrenees). The concentrations of
 551 PAH (Table 2) were root-squared transformed to decrease the influence of the most
 552 abundant compounds in the ordination. The first two principal components accounted for
 553 97.6% of the total variance. Fl, fluorene; Phe, phenanthrene; A, anthracene; Fla,
 554 fluoranthene; Py, pyrene; BaA, benz[*a*]anthracene; Chr, chrysene; BFlas,
 555 benzo[*b+k*]fluoranthenes; BaPy, benzo[*a*]pyrene; IndPy, indeno[*cd-1,2,3*]pyrene; BPer,
 556 benzo[*ghi*]perylene; DibahA, dibenz[*ah*]anthracene; LMW, PAH between fluorene and
 557 pyrene; HMW, PAH between benz[*a*]anthracene and dibenz[*ah*]anthracene. Littoral
 558 habitat organisms (squares): Arc, *Arcynopteryx compacta*; Sip, *Siphonoperla torrentium*,
 559 Sia, *Sialis lutaria*, Pla, *Platambus maculatus*, Rad, *Radix ovata* and Nos, *Nostoc* sp. Deep
 560 sediment organisms (diamonds), Chl, Chp, chironomidae larvae and pupae; Eur,
 561 *Eurycercus lamellatus* and Pis, *Pisidium*. Pelagic organism (circle): Dap, *Daphnia*
 562 *pulicaria*. Top predator (star): Sal, *Salmo trutta*.

563 **FIGURE 4.** Comparison between the octanol-water partition coefficients [43] and the ratios
564 between lipid normalized polycyclic aromatic hydrocarbons in *S. trutta* (liver), *D.*
565 *pulicaria* and water (dissolved phase) [6].

566 **FIGURE 5.** Representation of the lipid normalized concentrations of polycyclic aromatic
567 hydrocarbons in fish diet, *chironomidae* (larva and pupa), *D. pulicaria* and *E. lamellatus*
568 by reference to the levels in fish liver. The horizontal line gives the reference for
569 compounds in higher or lower lipid normalized concentrations than in fish liver. Numbers
570 in abscissas refer to the PAH list indicated in the caption of Figure 2.

Table 1. Estimated annual averaged brown trout diet in Lake Redon (Pyrenees)

Diet component	Contribution (% volume)
Chironomidae (pupae)	33.7
<i>Daphnia pulicaria</i>	20.1
Chironomidae (larvae)	12.6
<i>Sialis lutaria</i>	4.6
Terrestrial insects	4.3
<i>Eurycercus lamellatus</i>	5.6
<i>Radix ovata</i>	4.7
<i>Platambus maculatus</i>	2.5
<i>Pisidium</i> sp.	1.0
<i>Siphonoperla torrentium</i>	0.3
<i>Nostoc</i> sp.	0.2
Other organisms	6.8
Unidentifiable material	0.7

Table 2. Lipid content (%) and concentrations of individual polycyclic aromatic hydrocarbons (PAH) in each species analyzed (ng/g dw). Fl, fluorene; Phe, phenanthrene; A, anthracene; Fla, fluoranthene; Py, pyrene; BaA, benz[*a*]anthracene; Chr, chrysene; BFlas, benzo[*b+k*]fluoranthenes; BaPy, benzo[*a*]pyrene; IndPy, indeno[*cd-1,2,3*]pyrene; BPer, benzo[*ghi*]perylene; DibahA, dibenz[*ah*]anthracene; Low molecular weight (LMW) PAH encompass between fluorene and pyrene; High molecular weight (HMW) PAH encompass between benz[*a*]anthracene and dibenz[*ah*]anthracene.

Species	Lipid content	Fl	Phe	A	Fla	Py	BaA	Chr	BFlas	BaPy	IndPy	BPer	DibahA	total PAH	LMW	HMV	total PAH per lipid
Littoral habitat																	
<i>Nostoc sp.</i>	1.7	3.6	31	1.8	3.5	2.9	0.08	0.36	0.52	0.23	0.15	0.18	0.15	44	43	1.7	2616
<i>Radix ovata</i>	0.6	6.7	46	3.4	5.6	4.4	0.13	0.54	1.1	0.31	0.55	0.63	<LOD ^a	69	66	3.3	11514
<i>Platambus maculatus</i>	9.9	93	310	31	140	80	14	43	23	12	25	18	<LOD	790	650	140	7976
<i>Sialis lutaria</i>	21.1	41	114	16	87	3.3	2.5	7.9	2.9	2.0	3.7	7.4	<LOD	400	370	26	1885
<i>Arcynopteryx compacta</i>	26.5	92	268	26	117	7.1	4.2	35	14	11	20	14	<LOD	610	510	98	2299
<i>Siphonoperla torrentium</i>	37.7	117	340	34	162	97	13	74	<LOD	<LOD	37	28	<LOD	900	750	150	2393
Deep sediment habitat																	
<i>Eurycercus lamellatus</i>	37.9	23	92	9.3	65	45	18	55	42	24	18	14	11	420	230	180	1099
<i>Pisidium sp.</i>	13.2	14	45	4.9	22	13	2.2	12	9.0	1.9	4.6	3.8	<LOD	130	100	34	1012
<i>Chironomidae larvae</i>	30.4	19±6.7	110±21	11±3.2	39±38	24±26	4.3±15	19±41	25±11	7.9±7.8	9.6±16	9.8±9.1	13±10	290±70	200±50	89±21	956
<i>Chironomidae pupae</i>	39.9	10±10	12±7.5	3.0±2.9	36±45	3.9±1.4	1.2±3.2	4.8±9.6	3.5±3.1	2.2±4.0	2.6±4.8	2.5±3.9	0.24±0.14	85±35	68±35	17±8	205
Pelagic habitat																	
<i>Daphnia pulicaria</i>	54.4	1.4	10	0.74	2.2	1.1	0.22	0.54	0.72	0.31	0.21	0.28	<LOD	18	16	2.3	33
Top predator																	
<i>Salmo trutta</i>	4.6 ^b	9.8±3.4	47±16	3.1±1.9	8.7±5.2	7.5±3.7	0.6±0.6	2.4±1.6	1.5±0.65	0.55±0.60	0.15±0.10	0.20±0.20	0.20±0.15	82±20	76±16	5.6±1.2	1776

^a <LOD. Below limit of detection (0.1-0.14 ng/g dw). ^b Lipid content in liver (in muscle 3%)

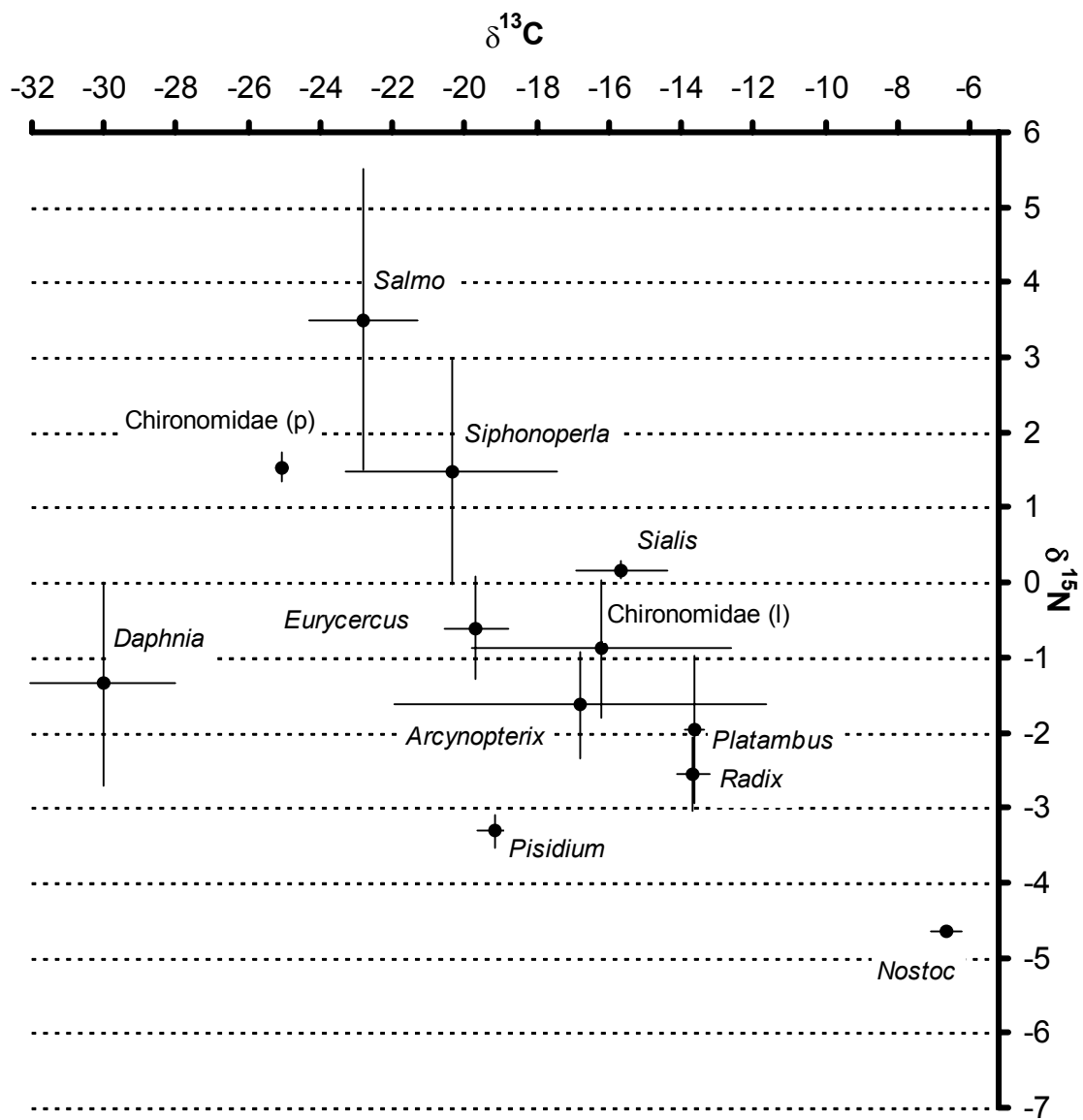


Figure 1

Figure 2

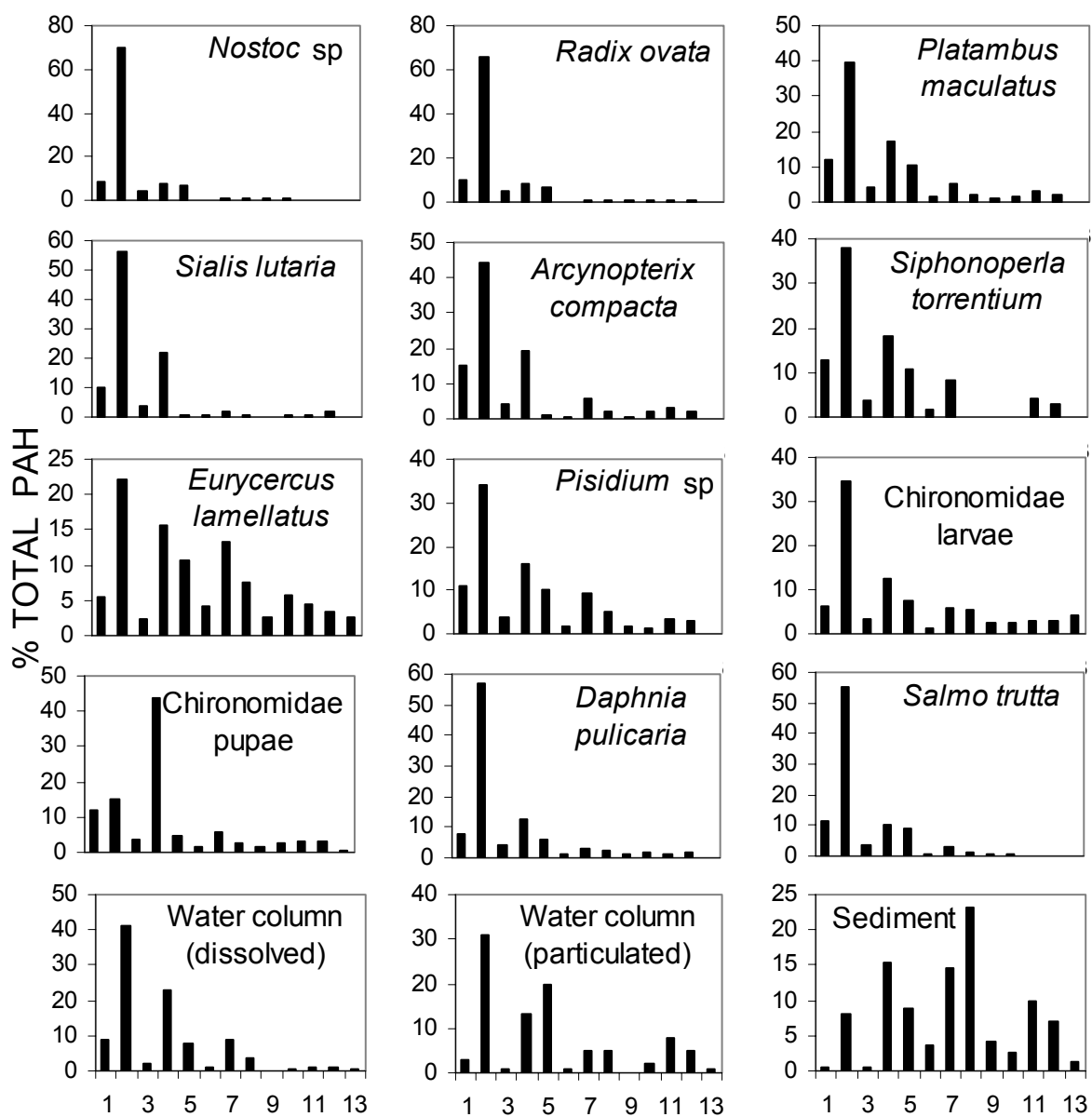


Figure 3

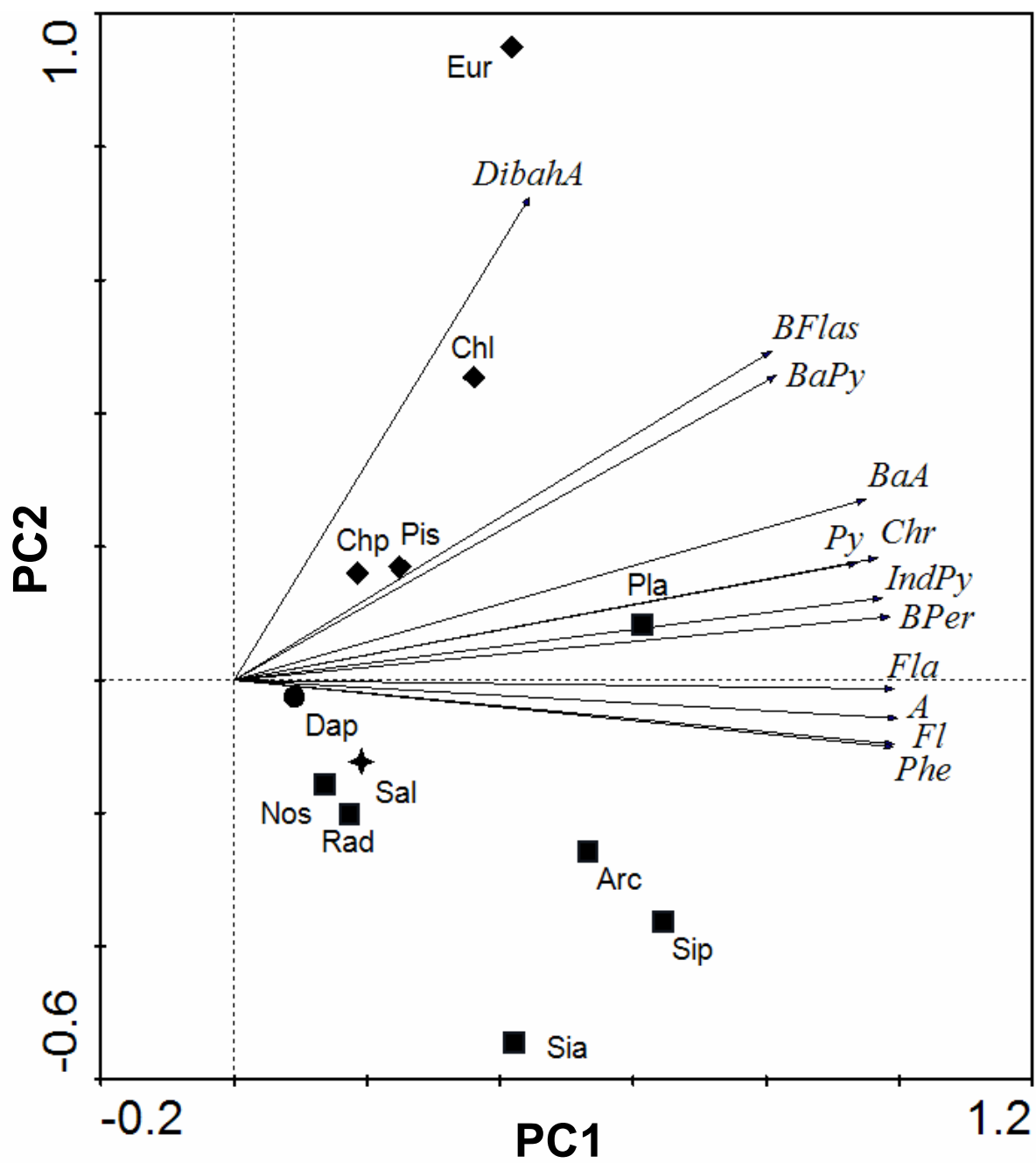


Figure 4

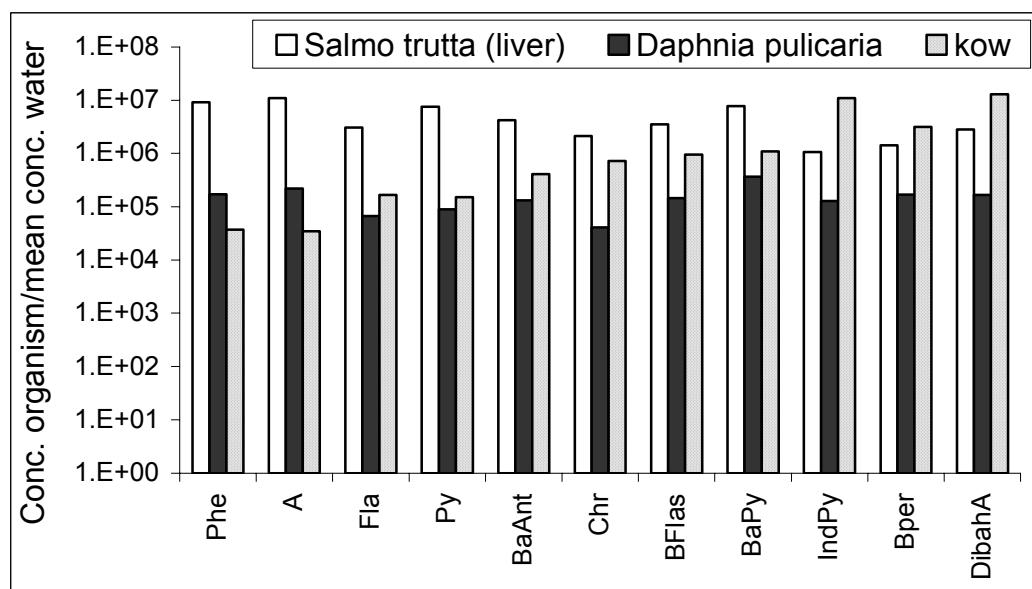
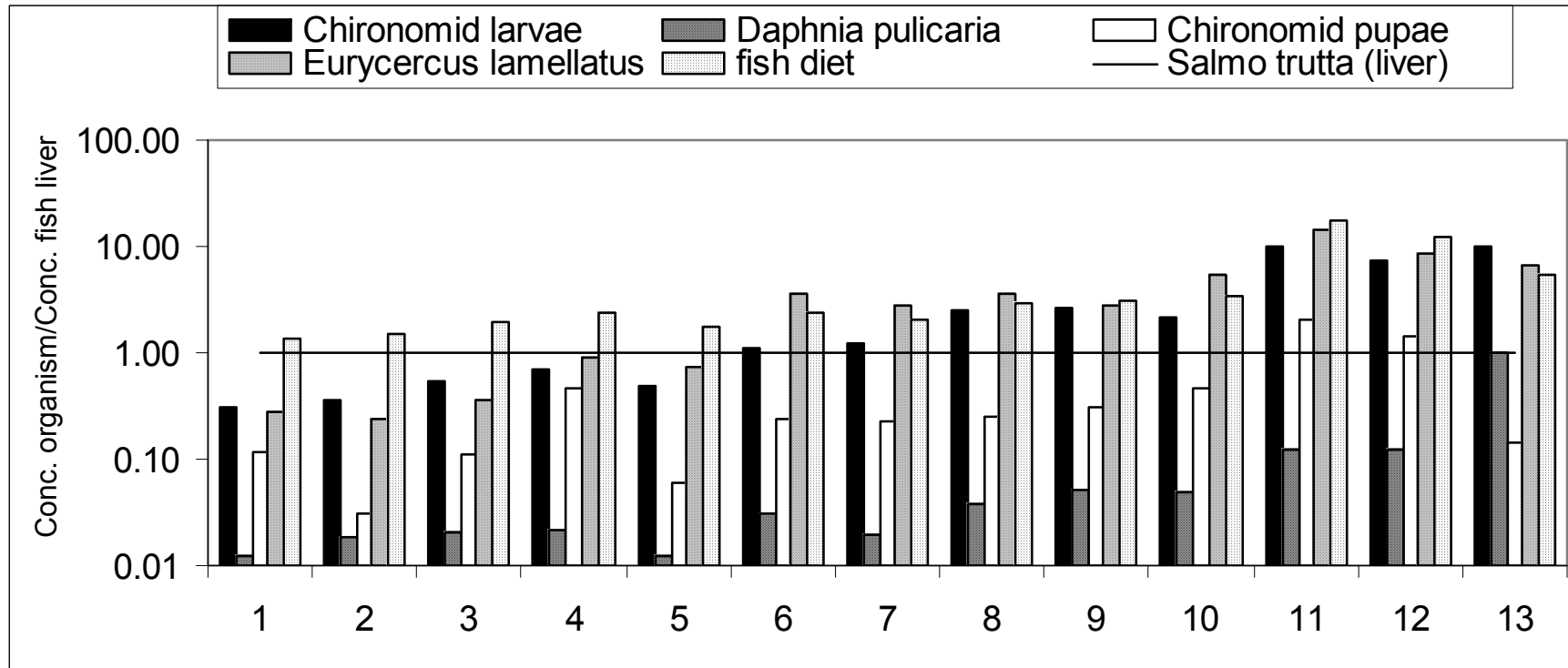


Figure 5



The Roles of Food and Water in the Bioaccumulation of Organochlorine Compounds in High Mountain Lake Fish

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An integrated study encompassing the distribution of organochlorine compounds (OC) in water, food web (chironomids, terrestrial insects, cladocerans, mollusks, and cyanobacteria), and fish (brown trout) from a high mountain lake (Redon, Pyrenees) is reported. OC distributions in these compartments have been determined to assess their transport routes into fish. Food diets have been estimated by analysis of fish stomach content and food web stable isotopes ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$). OCs with octanol–water partition coefficient (K_{ow}) higher than 10^6 showed lower concentrations in food than expected from theoretical octanol–water partition, indicating that the distribution of these compounds does not reach equilibrium within the life span of the food web organisms (ca. 1 year). On the other hand, the degree of biomagnification in fish increased with K_{ow} , except in the case of the largest compound analyzed (seven chlorine substituents, PCB #180). OC exchange at fish gill and gut has been evaluated using a fugacity model based on the water, food, and fish concentrations. All compounds exhibited a net gill loss and a net gut uptake. A pseudostationary state was only achieved for compounds with $\log(K_{ow}) < 6$. Calculation of fish average residence times for the compounds in apparent steady state gave values of days to a few weeks for HCHs, 1 year for HCB and 4,4'-DDE, and 2–3 years for 4,4'-DDT and PCB#28 and PCB#52. Residence times longer than one decade were found for the more chlorinated PCB.

Introduction

Chemical pollutants show, in general, higher concentrations at locations closer to the emission sites. However, persistent organic pollutants including some organochlorine compounds (OCs) are found in remote areas without a significant dilution effect. Natural distillation and condensation processes concurrent with atmospheric transport lead to their accumulation in ecosystems and organisms of high latitudes (1–4) or high elevations (5). OCs are mobilized in areas of warm temperatures (ca. mean annual temperature $> 5\text{ }^\circ\text{C}$ (6)). The more volatile compounds, such as hexachlorobenzene (HCB), hexachlorocyclohexanes (HCH), and low chlorinated

polychlorobiphenyls (PCBs), show high accumulation in cold areas located beyond 60°N , with mean annual air temperatures below $-5\text{ }^\circ\text{C}$ (6). In contrast, the less volatile compounds, such as more chlorinated PCBs (subcooled liquid vapor pressure $< 10^{-2.5}\text{ Pa}$) and DDTs, are also selectively trapped in mountain cold areas (5), which do not reach such low temperatures as the Arctic zone.

Mountain lakes are relatively small in size and very oligotrophic (7), food is scarce, food webs are short, and fish show an opportunistic behavior related to the seasonal availability of food. Unfortunately, the knowledge of the food-web pathways to fish in these environments is scarce (8), and no data on OCs distribution in fish food components are available.

In the present paper we report an assessment of the food pathways to brown trout in a mountain lake using stable isotopes, diet evaluation, and OC content of the food web. Concentrations of OC in food and fish are also compared to the theoretical values expected from their bioconcentration from water levels. Finally, a fugacity model based on the measured OC concentrations in water, food, and fish has been used to evaluate the roles of the gill and gut exchanges. The results are discussed in the context of present knowledge of OC bioaccumulation in fish from high mountain lakes.

Materials and Methods

Study Site. Lake Redon ($42^\circ 38'\text{N}$, $0^\circ 46'\text{E}$) is situated at 2240 m above sea level in Central Pyrenees (Catalonia, Spain). It has a surface area of 24 ha, a maximum depth of 73 m, a mean water residence time of about 4 yr, and is usually ice-covered from late December to June (9). The lake is oligotrophic because most of its small watershed (155 ha) is bare rock, and the rest are alpine meadows with scarcely developed soils. The productivity patterns and seasonal changes in the water column are typical for high mountain lakes (7). The lake contains a population of brown trout (*Salmo trutta*) (10), from which specimens up to 15 years have been collected (11). OC inputs are only related to atmospheric deposition (12). The composition of OC in the waters (13, 14), sediment, and fish (5) of this lake has been described in previous studies.

Sample Collection and Handling. Fish were collected with a series of eight individual bottom gillnets of different mesh sizes (10–46 mm) designed to give the best theoretical catch of brown trout over a range of 10–45 cm. The nets were set perpendicular to the shore at various depths and exposed in the lake for 120 min just at sunrise and sunset. All fish were measured, dissected, and determined for sex on site. Muscle fillets and stomach contents were wrapped in precleaned aluminum foil and kept frozen ($-20\text{ }^\circ\text{C}$) until analysis. Brown trout analyzed for OCs ($n = 10$) averaged (mean \pm SD) 265 \pm 59 mm in length, 204 \pm 118 g in weight, 0.99 ± 0.09 in condition factor, and 7 ± 6 years in age.

A survey of the main food chain lake components was carried out in parallel during the same days of fish sampling. Animals were collected from distinct parts of the lake by kick sampling for littoral organisms, Ekman dredges for sediment species, and plankton nets for zooplankton. Samples were kept cold during transport and were later identified and separated in the lab into distinct classes for stable-isotope and OC analysis.

Brown Trout Diet Evaluation. Gut contents were isolated in the field and kept cold until arrival to the lab where they were then analyzed under a dissecting microscope. The food content was determined mostly up to genus or family level, and the relative percentage was estimated on volume basis

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for each fish stomach. The degree of stomach fullness was categorized between 0 (empty) and 5 (full).

Dry Weight and Lipid Content. The percentage of water content in muscle ($74.2 \pm 1.8\%$, $n = 8$) was estimated by drying in a vacuum sealed-drier at 20°C until constant weight. The brown trout lipid content in muscle was determined gravimetrically after extraction with hexane:dichloromethane (4:1, v/v). Lipid content in food web organisms was estimated from C and N elemental analysis assuming that the main body constituents were lipids, proteins, ash, and chitin (15). Lipid percentage was estimated from elemental C content after subtraction of protein, ash, and chitin weight. Protein content was calculated from elemental N composition after multiplying by 6.25. Literature values were used for ash (16, 17) and chitin content (18). Since cyanobacteria use carbohydrates as energy reserve, the lipid content for *Nostoc* was taken from the literature (19).

Stable Isotope Analysis. Stable isotope ratios were analyzed using a Delta C Finnigan MAT mass spectrometer coupled online with a Carlo Erba CHNS elemental analyzer, via a Finnigan conflo 2 interface. Atmospheric nitrogen and Peedee Belemnite carbonate were used as reference. Reproducibility was better than 0.1‰ and 0.3‰ for $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$, respectively.

Organochlorine Compounds Analysis. Fish muscle tissues (5 g wet weight, about 0.75 g dry weight) were extracted and analyzed for OCs as described elsewhere (20). OCs in invertebrates and *Nostoc* were determined by grouping individuals in common samples until enough material was accumulated for proper quantification. Combination was carried out at the species level when enough material was available. Organisms that were too small or scarce in the lake were grouped at a higher taxonomical level, and species were composite based on common feeding habits, way of living, and exposure to fish predation (Table 1). Samples were analyzed following a slightly modified method as previously described (21). The isolated OC fractions of fish and food web were analyzed in a gas chromatograph equipped with an electron capture detection (GC-ECD; Hewlett-Packard 5890 Series II) and a $50\text{ m} \times 0.25\text{ mm}$ i.d. DB-5 capillary column coated with 5% phenyl 95% methylpolysiloxane (film thickness $0.25\ \mu\text{m}$; J&W Scientific, Folsom, CA). The injector operated in splitless mode, and the oven temperature program started at 90°C (held for 1 min), to 120°C at $10^\circ\text{C}/\text{min}$, and then to 310°C at $4^\circ\text{C}/\text{min}$ (holding time 15 min). Injector and detector temperatures were 270°C and 310°C , respectively. Stringent precautions were observed for maintenance of the injector under clean conditions avoiding adsorptions that could deviate the system from linearity and increase the limits of detection and quantification. Helium and nitrogen were used as carrier ($0.33\text{ mL}/\text{min}$) and makeup ($60\text{ mL}/\text{min}$) gases, respectively. Some samples were examined by negative ion chemical ionization mass spectrometry coupled to gas chromatography (GC-MS-NICI) for structural identification. These analyses were performed in an Agilent Technologies 6890A gas chromatograph equipped with a nonpolar fused silica capillary column HP5-MS ($30\text{ m} \times 0.25\text{ mm}$ i.d. $\times 0.25\ \mu\text{m}$ film thickness) coated with 5% phenyl 95% methylpolysiloxane and coupled to a MS detector 5973N. Ion source and transfer line temperatures were 150 and 280°C , respectively. Ammonia was chosen as ionization gas (1.6 Torr). Helium was used as carrier gas ($1.1\text{ mL}/\text{min}$). Procedural blanks were analyzed for every set of six samples. The recovery of the surrogate standards (tetrabromobenzene and PCB #209) was calculated for each sample. Identification and quantification of all studied compounds were performed by injection of external standards at different concentrations. Relative responses to tetrachloronaphthalene and octachloronaphthalene were used in order to correct for instrumental

TABLE 1. Fish Food-Web Components Analyzed for Organochlorine Compounds^a

operative food-web components	group	habitat	size (mm)	age (years)	food type	feeding mode	comments
<i>Salmo trutta</i> (brown trout)	chordata, fishes	pelagic and littoral	250	7	macroinvertebrates	predator	
<i>Arcynopteryx compacta</i>	insecta, plecoptera	benthic	28	2-3	macroinvertebrates	predator	
<i>Siphonoperla torrentium</i>	insecta, plecoptera	benthic	10	1-2	macroinvertebrates	predator	
<i>Sialis lutaria</i>	insecta, megaloptera	benthic	22	2-3	macroinvertebrates	predator	
Polycentropodidae	insecta, trichoptera	benthic	18	1-2	macroinvertebrates	predator	mainly <i>Plectrocnemia</i>
<i>Platambus maculatus</i>	insecta, coleoptera	benthic	8	2-3	macroinvertebrates	predator	several species but all noncarnivorous
Chironomidae (larvae)	insecta, diptera	benthic	6	1-2	algae, debris	collector-gathered	mainly Diamesinae
Chironomidae (pupae)	insecta, diptera	pelagic	10	<0.5	none	nonfeeding stage	
<i>Daphnia pulicaria</i>	crustacea, cladocera	planktonic	2		phytoplankton, bacteria	collector-filterer	
<i>Eurycercus lamellatus</i>	crustacea, cladocera	littoral	2.5	<1	algae, debris	collector-gathered	
<i>Radix ovata</i>	mollusca, gastropoda	littoral	6	>1	algae, debris	scraper	
<i>Pisidium</i> sp.	mollusca, bivalvia	littoral	3	>1	phytoplankton	collector-filterer	
<i>Nostoc</i> sp.	cyanobacteria	epilithic	5		autotroph	photosynthesis	included because found in the fish stomachs

^a The degree of taxonomic resolution was conditioned by the amount of available material for analyses.

TABLE 2. Brown Trout Diet in Lake Redon during Two Distinct Periods of the Ice-Free Season (June and November)^a

food requirement period	frequency in stomachs (%)		food volume (%)		
	high	low	high	low	annual average
Chironomidae (pupae)	71.4	0	55.9	0	33.7
<i>Daphnia pulicaria</i>	4.8	45.5	3.1	45.8	20.1
Chironomidae (larvae)	38.1	27.3	14.0	10.5	12.6
<i>Sialis lutaria</i>	23.8	18.2	4.7	4.6	4.6
Terrestrial insects	33.0	5.0	5.6	2.3	4.3
<i>Eurycerus lamellatus</i>	0.0	32.0	0.0	14.1	5.6
<i>Radix ovata</i>	0.0	27.0	0.0	11.7	4.7
Polycentropodidae	5.0	0.0	4.8	0.0	2.9
<i>Platambus maculatus</i>	10.0	0.0	4.1	0.0	2.5
<i>Pisidium</i> sp.	29.0	14.0	0.5	1.7	1.0
<i>Siphonoperla torrentium</i>	5.0	0.0	0.6	0.0	0.3
<i>Nostoc</i> sp.	0.0	9.0	0.0	0.6	0.2
other organisms	33.0	18.0	6.5	7.2	6.8
unidentifiable material	5.0	45.0	0.2	1.5	0.7

^a Commonness in the diet is indicated by the frequency that a certain item was found in the stomachs examined ($n = 21$ and 22 , respectively, for high and low food periods). Contribution to the diet is indicated by the percentage of food volume, obtained by weighting percentages of food volume in individual stomachs to the degree of stomach fullness. Annual average contribution to diet was calculated assuming 4 months of high requirements, 4 months of low, and 4 months of very low consumption (stomach fullness $< 20\%$) during the ice covered period with a diet similar to the low food requirement period of the ice-free season. Other reasonable assumptions (i.e., different monthly periods for each type of consumption) do not significantly change the average values.

variabilities, and this value was also corrected by the recovery of the surrogate standards.

Results and Discussion

Brown Trout Diet. Sampling was performed in June and November 2000 to cover two extremes of the fish feeding variability during the ice-free period. The availability of some food components (e.g. chironomids) decreases with water temperature as autumn advances. Daily energy (food) requirements also decrease in parallel. These 2 months are therefore representative cases of high and low food demand and availability, respectively. In June, when larvae of aquatic insects were abundant, the average value of the stomach fullness index was 4.4, and no fish with empty stomach was found. In November, during lake overturn and low water temperature, the average value of the index was 1.9, and 9% of the fish had empty stomach. The food items found in the stomachs and their relative contribution were also distinct in the two periods (Table 2). In June, chironomids, either larvae or pupae, were by large the most frequent and abundant. Other organisms, such as terrestrial insects, the bivalve *Pisidium*, or the megaloptera *Sialis*, were often found, but their contribution to the food volume was low. In some stomachs chironomid pupae were nearly the sole content, probably because this transient and passive stage facilitates the capture by trout. In November, the more frequent and abundant food components were cladocerans, the pelagic *Daphnia*, and the littoral *Eurycerus*. However, they were less dominant than chironomids in June. Other items were also relevant either in abundance or frequency (e.g. chironomids, *Radix*, *Pisidium*, *Sialis*). During this period, the number of unidentifiable items increased, although their contribution to food volume remained very low. Unexpected food items such as colonies of the cyanobacterium *Nostoc* were also found.

These two snapshots of the trout diet at contrasting periods of the year suggest that these fish mainly feed on chironomids when they are abundant and on alternative prey,

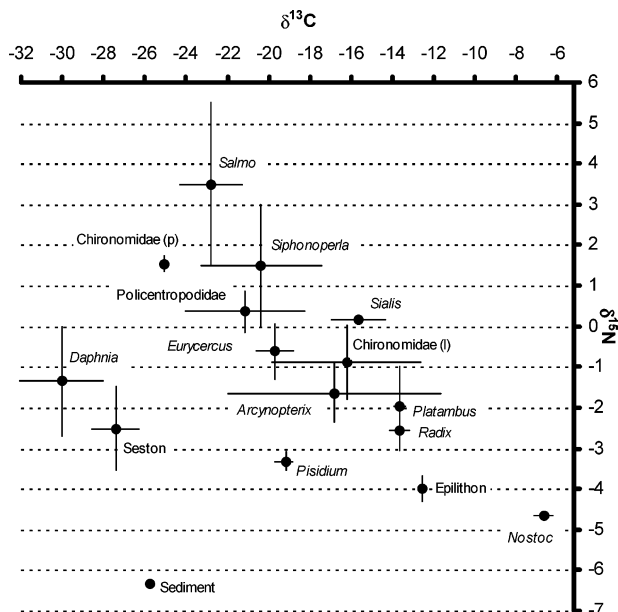


FIGURE 1. Isotopic signature of the main food-web components in Lake Redon. In chironomidae, (p) states for pupae and (l) for larvae. Sample description in Table 1.

particularly small cladocerans such as *Daphnia*, when they are scarce. The large variety of other food items is complementary.

Isotope Structure of the Food Web. Differences in carbon and nitrogen stable isotope ratios between the distinct food web components provide information on trophic relationships. Commonly used trophic fractionation values are 1‰ for $\delta^{13}\text{C}$ and 3.4‰ for $\delta^{15}\text{N}$ (22, 23), which are similar to mean values found in recent studies of the variation in the trophic fractionation ($0.05 \pm 0.63\text{‰}$ $\delta^{13}\text{C}$, $3.49 \pm 0.23\text{‰}$ $\delta^{15}\text{N}$) (24). Due to its lower trophic fractionation, carbon is considered to indicate primary energy sources (e.g. benthic vs pelagic photosynthesis), and nitrogen is used for the discrimination among trophic levels.

The isotopic signatures of the organisms and primary carbon sources involved in the food web pathways to fish in Lake Redon are shown in Figure 1. The main primary carbon sources—namely littoral (epilithon and *Nostoc*), pelagic (seston), and organic detritus (sediment)—showed significantly distinct isotopic signatures. The $\delta^{13}\text{C}$ depletion was larger in seston and deep sediment than in littoral algae, which may reflect the predominant occurrence of primary production in the hypolimnion, below the seasonal thermocline, due to the extreme transparency of the water column (9). Growing temperature in the hypolimnion is significantly lower than in the littoral (ca. 5–10 °C), and available CO_2 has a larger contribution from within lake respiration (25). On the other hand, benthic algae tend to be enriched in ^{13}C , due to a boundary layer effect, involving a limitation of CO_2 diffusion to the cells that favors the use of bicarbonate as carbon substrate (26).

Fractionation during nitrogen assimilation by algae (phytoplankton and phytobenthos) can be -4 to -5‰ (27). In our data, pooled epilithon (mainly diatoms) and *Nostoc* agreed with these values assuming nitrogen sources close to 0‰ $\delta^{15}\text{N}$ as expected from its predominant atmospheric origin. However, seston was slightly richer in the heavy isotope than epilithon, pointing to a mixture of phytoplankton and allochthonous matter in the former. Since *Daphnia*, a planktonic cladoceran mainly feeding on phytoplankton, had a $\delta^{15}\text{N}$ similar to other herbivores feeding on littoral algae, a common $\delta^{15}\text{N}$ baseline for the herbivore food web around -4‰ was assumed.

TABLE 3. Organochlorine Concentrations (ng g⁻¹ Dry Weight) in the Most Significant Organisms Involved in the Brown Trout Diet in Lake Redon (Pyrenees)

Taxa	lipid content (%)	ng g ⁻¹ dry weight											
		α-HCH	γ-HCH	HCB	4,4'-DDE	4,4'-DDT	PCB-28	PCB-52	PCB-101	PCB-118	PCB-153	PCB-138	PCB-180
<i>Salmo trutta</i> (muscle)	2.8	0.57	3.54	2.40	57.23	4.19	0.72	1.93	2.82	1.52	9.88	8.52	5.86
Chironomidae (pupae)	39.9	1.72	16.29	9.18	275.08	18.76	0.93	1.92	6.45	5.36	22.21	14.43	20.50
<i>Daphnia pulicaria</i>	54.4	0.03	0.16	0.20	0.41	0.11	0.31	0.46	0.11	0.03	0.08	0.08	0.03
Chironomidae (larvae)	30.4	0.17	6.05	3.08	58.56	4.98	0.90	1.94	2.33	1.02	4.35	3.32	3.18
<i>Sialis lutaria</i>	21.1	0.17	9.38	1.58	14.40	4.75	0.97	0.67	2.38	2.12	6.77	4.92	4.22
<i>Eurycercus lamellatus</i>	37.9	0.49	5.19	1.98	60.66	4.34	2.75	1.82	3.07	1.98	2.90	1.64	0.83
<i>Radix ovata</i>	0.6	0.02	0.19	0.23	0.20	0.00	0.47	0.41	0.18	0.08	0.11	0.10	0.10
Polycentropodidae	29.8	0.97	6.79	2.65	3.04	1.43	0.94	1.50	2.15	2.27	5.41	3.52	3.72
<i>Platambus maculatus</i>	9.9	0.00	14.65	2.94	21.00	4.95	1.76	9.34	8.56	3.18	1.72	1.40	2.35
<i>Pisidium</i> sp.	13.2	0.04	1.24	0.87	10.08	1.72	0.73	3.05	2.85	0.97	0.60	0.98	0.13
<i>Siphonoperla torrentium</i>	37.7	0.51	19.26	4.60	25.54	11.29	3.60	14.15	9.41	5.63	2.64	3.05	1.24
<i>Nostoc</i> sp.	1.7	0.03	0.22	0.18	0.10	0.00	0.55	0.25	0.10	0.03	0.01	0.03	0.03
<i>Arcynopteryx compacta</i>	26.5	0.99	19.70	3.69	18.17	7.77	4.82	21.72	15.00	7.05	6.77	5.69	4.82

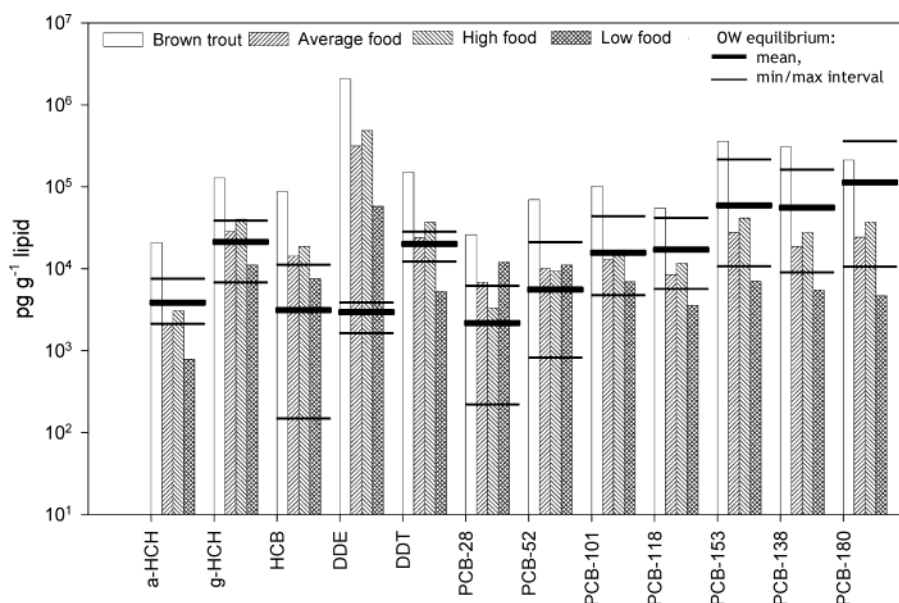


FIGURE 2. Concentrations of the organochlorine compounds in fish and food-web standardized by lipid content. Horizontal bars indicate the expected values according to the concentrations in water ($n = 8$) and K_{ow} (37) (values are indicated for high (maximum) and low (minimum) food periods, and mean diet is calculated as described in Table 2).

As expected, brown trout appear to be the unique top predator (Figure 1). However, the average food chain from primary producers to this organism was very short. Assuming an enrichment factor of 3.5‰ $\delta^{15}\text{N}$ per trophic level change, the average number of energy transfer steps from primary producers to trout is only of 2.2. This is not surprising for a high mountain lake because food availability is scarce due to the oligotrophy of the system, the low inputs from the watershed, and the small lake size (28).

The distribution of the distinct organisms throughout the $\delta^{15}\text{N}$ gradient indicates a high degree of omnivory. The differences between successive organisms in any trophic chain are significantly lower than 3.5‰ $\delta^{15}\text{N}$. Chironomid pupae show higher $\delta^{15}\text{N}$ values than larvae, although in both cases the species measured were herbivorous. The isotope discrimination could be due to metamorphosis from larvae to pupae. The new form is rebuilt from old tissues, and the transformation may cause an enrichment in ^{15}N in a similar way as it occurs in starving animals (29) because there is no food intake during the pupae stage. On the other hand, some consumers show a significant contribution of detritus in their diet, particularly the bivalve *Pisidium*. The $\delta^{15}\text{N}$ signature of some supposed predators (*Arcynopteryx*, *Platambus*) do not agree with an exclusive diet of macroinvertebrates, being closer to scavenger feeding. The narrowing of the $\delta^{13}\text{C}$ range

at increasing $\delta^{15}\text{N}$ indicates progressive mixing of the pelagic, littoral, and sediment carbon sources at higher food web stages.

The isotopic signatures are consistent with the stomach content observations indicating that trout mainly predate on the herbivore level, constituted by chironomids and cladocerans, with some contribution from other invertebrates. Using the estimated average diet proportions (p_i) from Table 2, and the measured isotopic signatures of the distinct food items ($\delta^{13}\text{C}_i$, $\delta^{15}\text{N}_i$) the expected isotopic signature for brown trout was calculated as follows:

$$\delta^{13}\text{C}_{\text{trout}} = \sum p_i \delta^{13}\text{C}_i + 0.05 \text{ and } \delta^{15}\text{N}_{\text{trout}} = \sum p_i \delta^{15}\text{N}_i + 3.5 \quad (1)$$

The resulting isotopic values are $-22.7 \pm 1.8\text{‰}$ $\delta^{13}\text{C}$ and $3.4 \pm 0.80\text{‰}$ $\delta^{15}\text{N}$, which are quite similar to the direct fish determinations, $-22.6 \pm 1.5\text{‰}$ $\delta^{13}\text{C}$ and $3.5 \pm 2\text{‰}$ $\delta^{15}\text{N}$. Thus, the above assumptions on average diet composition are feasible and can be considered to provide a good estimate for the annual average composition.

Food and Fish Organochlorine Compound Levels. Major differences in OC concentrations were observed among the distinct food-web components reflecting in part their large heterogeneity in lipid content (Table 3). However, when

TABLE 4. Concentrations of Organochlorine Compounds Dissolved in Water of Lake Redon^a

pg L ⁻¹	mean ^b	SD	minimum	maximum
α-HCH	483	225	267	952
γ-HCH	2671	1226	856	4846
HCB	9.9	12	0.5	35
4,4'-DDE	7.4	2.3	4.1	9.7
4,4'-DDT	20	5.6	12	28
PCB #28	4.3	5.3	0.4	12
PCB #52	8.8	11	1.3	33
PCB #101	6.2	5.4	1.9	17
PCB #118	3.4	2.5	1.1	8.3
PCB #153	7.5	9.3	1.4	27
PCB #138	8.8	9.5	1.4	25
PCB #180	4.5	5.4	0.4	14

^a Data from refs 13 and 14 and unpublished. ^b Average values of data collected in July 96 at 1, 5, and 60 m depth; June 97 at 1 m, 5, 25, and 59 m depth (*n* = 4); and November 00 at 1 m depth (*n* = 8).

normalized to lipid concentration, brown trout showed the highest levels in all OC. Among the organisms more common in the trout diet, *Daphnia* showed lower OC concentration values than average, perhaps because of its shorter life span. Combination of the concentrations of the individual organisms to estimate OC content in food shows that the concentrations of these pollutants were slightly lower during the low feeding period (Figure 2). This difference was essentially due to the higher relative contribution of *Daphnia* to the diet. Mean OC intake was therefore calculated by weighting the lipid normalized concentrations in each food item according to the respective mean contributions to diet (Table 2).

Comparison of the mean OC pooled food concentrations with the theoretical values calculated from OC water content and *K_{ow}* (30) (Table 4) provides an estimate of the deviation of OC in food web content (normalized to lipids) from thermodynamic equilibrium. A significant number of OCs show concentrations that are close to those expected at equilibrium, namely HCHs, HCB, 4,4'-DDT and PCB congeners #28 and #52 (Figure 2). 4,4'-DDE exhibit values much higher than expected at equilibrium (Figure 2), but 4,4'-DDT shows the opposite trend which could reflect the conversion of 4,4'-DDT into 4,4'-DDE within the organisms (31). In this respect, 4,4'-DDT is always significantly higher than 4,4'-DDE in water (Table 4).

The more chlorinated PCB congeners also deviate from equilibrium since, according to water concentrations, lower values than expected are found. The deviation increases progressively with the degree of chlorination (Figure 2) being larger at higher *K_{ow}* (Figure 3a). Equilibrium is therefore not reached for OCs with log(*K_{ow}*) values above ca. 6, indicating that for these OC it could not be reached within the life span (<1 yr) of the organisms more relevant in the trout diet.

In contrast to food, fish show OC concentrations significantly higher than those expected at equilibrium which indicate a biomagnification process (Figure 2) as consequence of food intake. The ratio between the fish and food concentrations, both normalized to lipid content, range between 3.8 for PCB #28 to 16.5 for PCB #138. The ratios between OC in fish and food are also related to *K_{ow}* (Figure 3b), since the higher is *K_{ow}* the lower is its loss through the gills. PCB #180 is an exception to this trend (Figure 3b) since it exhibits significant lower biomagnification than expected (Figure 3b). The anomaly could reflect the lower membrane permeation of large molecules (32). In consequence, trout uptake efficiency for PCB#180 seems to be significantly lower than for the other congeners.

The Roles of Food and Water in OC Bioaccumulation. OC concentration in fish results from the balance between

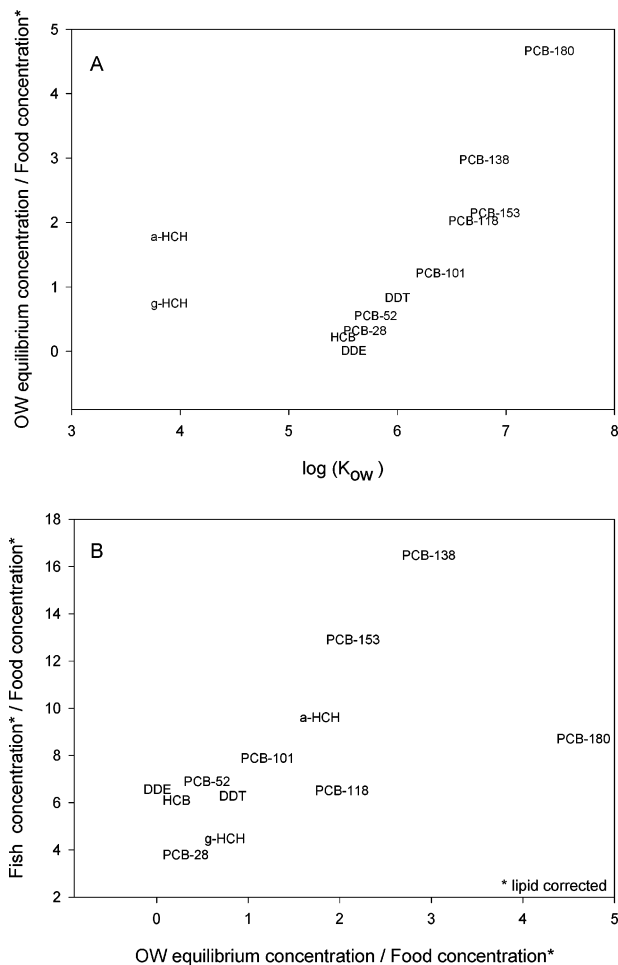


FIGURE 3. (A) Departure from octanol–water equilibrium of the organochlorine compounds in the fish food. (B) Biomagnification ratio of the organochlorine compounds between fish and average diet.

exchanges at the gills during fish respiration, uptake from diet, elimination by fecal egestion, and metabolism and dilution by fish growth. Among these metabolic elimination can be considered of little relevance as compared to the other processes (33).

The relative significance of the other flux components can be evaluated using a fugacity approach (34) in combination with a brown trout food intake model (35) and the measured concentrations in water, food, and fish. For this purpose, a “standard fish” weighting 204 g submitted to the seasonality of feeding over year periods divided in three “weather conditions” each involving 4 months with average water temperatures of 8, 4, and 2 °C in an environment of ca. 9 mg O₂ L⁻¹ has been taken as lake representative (9). All parts of the fish body were assumed to have the same fugacity. Gill was considered to be a well-mixed compartment in which water flows with oxygen and OCs were transferred inside and outside by diffusion (30). Conductivities (*D_w*) for gill uptake and loss were equally considered to be dependent from gill ventilation rate (*G_w*). The net flux in the gill exchange (*F_g*) was determined by the difference between water (*f_w*) and fish (*f_f*) fugacities.

$$F_g = D_w(f_w - f_f) \quad (2)$$

The exchanges in the gastrointestinal tract are more complex. Between food uptake and egestion a fraction of matter is removed and there is, in addition, lipid digestion. Therefore, the intestine flux (*F_i*) required the separate

TABLE 5. Definition of Symbols and Summary of the Parameters Used in the OC Fish Flux Calculations

parameter	units	definition
f_W, f_A, f_F	Pa	water, food and fish fugacities, $f_i = C_i Z_i^{-1}$
C_i	pg L ⁻¹	concentration
Z_i	pg L ⁻¹ Pa ⁻¹	fugacity capacity, $Z_i = L_i K_{ow} H^{-1}$
K_{ow}	L·kg ⁻¹	octanol–water partition coefficient
H	Pa L pg ⁻¹	Henry's law constant
D_W	pg d ⁻¹ Pa ⁻¹	conductivity at gills, $D_W = G_W Z_W$
G_W	L d ⁻¹	gill ventilation rate, $G_W = K K_{eo} O_{2w}^{-1} E_{ox}$
K	cal d ⁻¹	fish daily intake requirement, $K = f(T,W)$ (33)
T	°C	temperature
W	G	fish weight
k_{eo}	mg cal ⁻¹	energy to oxygen consumption coeff, 0.047
O_{2w}	mg L ⁻¹	water oxygen concentration
E_{ox}		efficiency of oxygen uptake, 0.45
D_A	pg d ⁻¹ Pa ⁻¹	gut uptake conductivity, $D_A = E_A G_A Z_A$
G_A	L h ⁻¹	food consumption rate, $G_A = K K_{ef}$
k_{ef}	L cal ⁻¹	energy to food volume consumption coeff, 10 ⁻⁶
E_A		gut uptake efficiency, 0.75 (except for PCB # 180, 0.45)
D_E	pg d ⁻¹ Pa ⁻¹	gut loss conductivity, $D_E = G_A (1-\beta) Z_F$
β		fraction of ingested diet absorbed by the fish, 0.8

consideration of uptake (D_A) and loss (D_E) conductivities

$$F_i = D_A f_A - D_E f_F \quad (3)$$

where f_A is food fugacity.

D_A is commonly modeled to depend on food consumption rate (G_A) and gut absorption efficiency (E_A) (20, 33, 36). D_E was taken proportional to $G_A (1-\beta)$, where β was the fraction of ingested diet absorbed by the organism. Development of the two equations according to the definitions in Table 5 provided the following expressions for the two fluxes:

$$F_g = G_W(C_W - C_F / (L_F K_{ow})) \quad (4)$$

$$F_i = G_A(C_A E_A - C_F (1-\beta)) \quad (5)$$

Apart from water and food concentrations, the relative flux differences result from the values of the K_{ow} and E_A coefficients, the latter being particularly relevant for differentiating the behavior of PCB#180. G_W and G_A determine the absolute flux values. The two rates depend on the fish daily energy requirements (37), which under optimal conditions result from the body weight and temperature in a nonlinear way. G_A was estimated using Elliot's model for brown trout (35) and distinguishing the three feeding periods mentioned above. G_W , in addition to oxygen consumption as determined by the energy requirement, was made dependent on the oxygen in the water and uptake efficiency (36) (Table 5).

The resulting calculations show that a number of OCs were close to a steady state, namely HCB, 4,4'-DDE, PCB #28, and PCB #52 (Figure 4). These are the compounds that, in turn, are also in equilibrium between water and food. This parallelism gives ground to the assumptions for the calculations of exchanges in the gills and intestine, at least in relative terms.

Since HCHs and 4,4'-DDT have also $\log(K_{ow}) < 6$, steady state for these OC should be expected, but this is not the case. In 4,4'-DDT gut uptake appears to be higher than gill net loss, which may reflect a metabolic transformation within the fish. In HCHs, gill loss is much higher than gut uptake, which is unlikely unless the assumed water fugacity does not correspond to the one presently experienced by fish. This can certainly be the case as the calculations are based on long time water concentrations averages, and fish renewal time of the more volatile compounds is a matter of days.

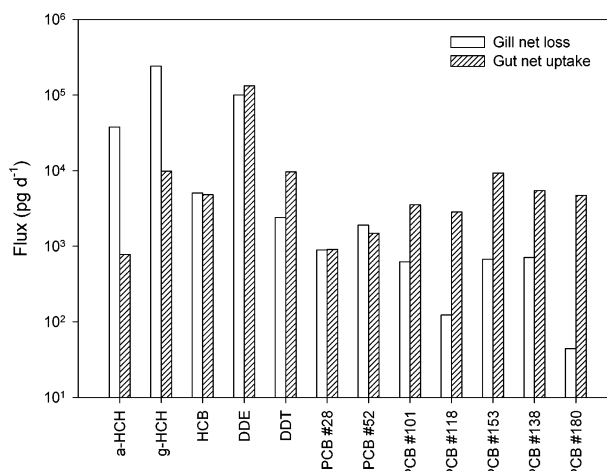


FIGURE 4. Comparison of the calculated net gill loss and net gut uptake of organochlorine compounds in a fish of 204 g in Lake Redon according to the measured concentrations in water, food, and fish.

An average residence time in fish can be calculated for the compounds in apparent steady state. For HCHs it is in the order of some days to a few weeks, for HCB and 4,4'-DDE it is about 1 year, and for 4,4'-DDT, PCB #28, and #52 it is about 2 or 3 years. For the rest of the compounds steady state is not achieved, but the present turnover indicates characteristic times around a decade for PCB #101 and two or three decades for PCBs #110 to #153. In the case of PCB #180, a fish could hardly achieve a steady state at present exposures unless it lived for centuries.

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